

# PARENTS GUIDE TO CUB SCOUTS



**Life as a Cub Scout is fun, adventurous and rewarding.**

As a Cub Scout, your child will join their Cub Pack on exciting adventures, discovering hidden talents and exploring the world around them.

Cubs is the second section of the Scouting Movement for 8 to 10 ½ year olds. In this section, excitement and adventure are key. The Cub Scout Programme offers Cub Scouts a huge variety of activities, indoors and outdoors, allowing them to be creative and get involved in their local communities.



After a few weeks, your child will be 'invested'. This is when they promise to do their best and help others. Find the various versions of the Cub Scout Promise on page 6.



# WELCOME TO THE ADVENTURE

## **Earn badges, get active and embrace the challenge.**

We believe that young people learn by doing, so our Cub Scout Programme is packed full of amazing activities to engage and challenge Cub Scouts of all abilities.

You can expect your child to get involved in:

- camps
- water activities
- nature walks
- cooking
- crafts
- sports
- and many more...

The costs of Scouting will vary depending on your Group. Ask your Leader about costs and if needed, any support available.

# ACTIVITIES





# LEARN THE CUB SCOUT PROMISE

## **The Cub Scout Promise helps Cubs to understand and remember the values of Scouting.**

Every young person and Leader makes their Promise as part of being invested into Scouting. Speak to your Leader to find out more about investiture.

Why not help your child to choose the Promise that's right for them?

## **For Hindus and Buddhists**

I promise that I will do my best to do my duty to my Dharma and to the Queen, to help other people and to keep the Cub Scout Law.

## **For Muslims**

I promise that I will do my best to do my duty to Allah and to the Queen, to help other people and to keep the Cub Scout Law.

## **For humanists, atheists and those with no defined faith**

I promise that I will do my best to uphold our Scout values, to do my duty to the Queen, to help other people and to keep the Cub Scout Law.

## **For Christians, Jews and Sikhs**

I promise that I will do my best to do my duty to God and to the Queen, to help other people and to keep the Cub Scout Law.

**For subjects of independent Commonwealth countries, foreign nationals and individuals who are stateless,** the following wording can replace 'duty to the Queen'

...to do my duty to the country in which I am now living.

# CUB UNIFORM



## Looking for cubs' uniform?

Get all your Scouting goods from **Scout Shops**, the official retailer for The Scout Association. From books and resources to camping equipment and more!

SHOP NOW AT:  
**scouts.org.uk/shop**

**Scout  
SHOPS**  
scouts.org.uk/shop

**100%**  
PROFITS RETURNED  
TO SCOUTING

**To ensure your child is safe, Leaders adhere to our anti-bullying, equal opportunities, safety and child protection policies.**

Cub Scouts take part in activities and learn new skills under the supervision of adult volunteers. They work effectively and safely with young people to deliver the Scouting Programme and have access to training to support them in their role.

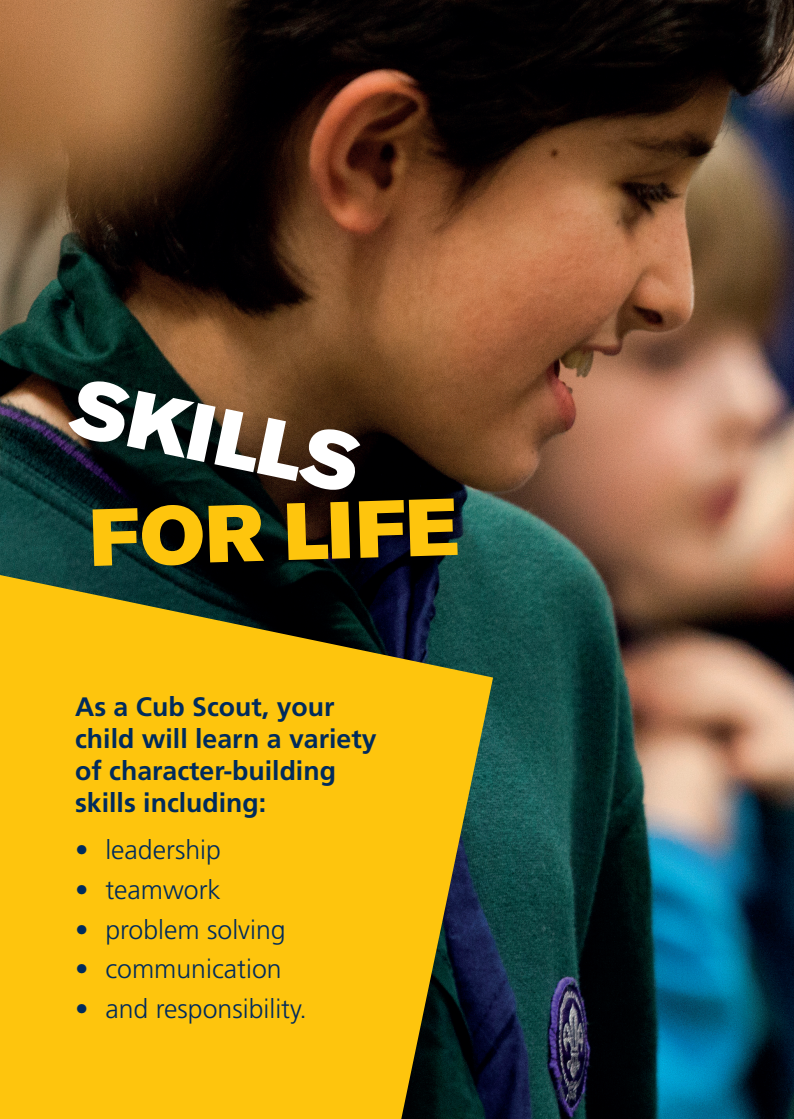
If you have any questions, get in touch with your local Leader.





# PEACE OF MIND





# **SKILLS FOR LIFE**

**As a Cub Scout, your child will learn a variety of character-building skills including:**

- leadership
- teamwork
- problem solving
- communication
- and responsibility.





## Scouting is for adults too!

We believe in flexible volunteering and offer a number of adult volunteer roles to suit a range of skills.

### Interested?

Speak to your local Leader about the various roles available. How much time you give is completely up to you. Whether you help out once a fortnight, month, term or just at special events or camps, there is bound to be a role for you.

### Build on your skills

Scouting offers the chance for you to build on personal skills like teamwork, confidence and leadership.

To find out how you can volunteer visit **[scouts.org.uk/get-involved](https://scouts.org.uk/get-involved)**

**GET INVOLVED!**





# INFORMATION

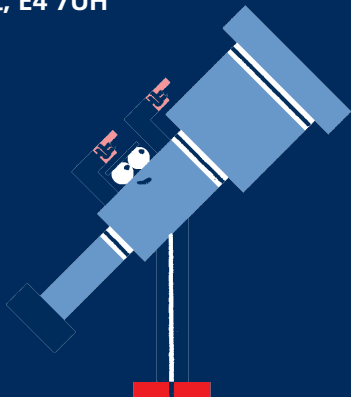
## FOR MORE

Contact us through our website:  
**[10thchingford.org.uk/contact](http://10thchingford.org.uk/contact)**

**By email:**  
**[scouts@10thchingford.org.uk](mailto:scouts@10thchingford.org.uk)**

**On Twitter:**  
**[@10thChingford](https://twitter.com/10thChingford)**

**By post:**  
Bernie Pridmore, GSL  
10th Chingford Scout Group  
St. Francis Church Hall  
Hawkwood Crescent, E4 7UH





# YOUR PACK

**Group name**

**10th Chingford Cub Pack**

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**Meeting day and time**

**Mondays 7.00 - 8.30pm**

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**Meeting place**

**St. Francis Church Hall**

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**Leader's name**

**Kirsty Pridmore**

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**Contact phone number**

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**Email**

**scouts@10thchingford.org.uk**

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